



Profile: Joane Goulding - 2011

Joane has been very busy this past year training professional consultants around the world and has just returned from a lecturing tour in the UK and Singapore. In May during a conference in Melbourne, the Australian Association of Clinical Hypnotherapy & Psychotherapy (AACHP) awarded an Honorary Life Membership to Joane in recognition of exemplary service and contribution to the profession of Clinical Hypnotherapy in Australia. At the same conference the Professional Clinical Hypnotherapists of Australia (PCHA) bestowed the honorary title of Hypnotherapist Emeritus to Joane in recognition of her outstanding contribution to the acceptance of hypnotherapy, the writing of hypnotherapy standards, the developing and teaching of hypnotherapist and continuous guidance to the profession.

In early 2011 Joane had the enjoyable experience of presenting a paper at the 2011 International Hypnotherapy Federation Conference in LA. The paper discussed the Goulding SleepTalk™ for children process and was titled 'Developing Emotional Resilience'. Later this year Joane will once again travel to Manchester in the UK to train professional Goulding SleepTalk™ consultants.

In 2010 Joane was invited to be a 'Key Note' speaker and guest of the Beijing Normal University – Zhuhai Campus in China. She discussed the Goulding SleepTalk™ for Children process and its application when working with the Victorian fire affected families, a Yarra Valley Practitioners Project (VYPP) offering Pro-Bono assistance to the local communities. In 2009 a Life Membership of the Australian Society of Clinical Hypnotherapy (ASCH) was awarded. Joane is an accredited supervisor, assessor, author and a registered member of the Australian National Hypnotherapy Register (ANHR)

In 2008 and 2009 she toured Singapore and the United Kingdom training professional therapists to become accredited Goulding SleepTalk™ Consultants. In 2004 she accepted an initiation to present as a 'Keynote' speaker at the New Zealand Federation of Clinical Hypnotherapists annual conference. In 1998 the ASCH honored her with a 'Fellowship' for services to the hypnotherapy profession and in 2008 a Life Membership was awarded. She is an executive board member of Australia's hypnotherapy peak body - the CCH and a member of the Ethics Board and Chair of the Education Sub-Committee.

Joane has published many papers and lectured throughout Australia and Internationally. She presented a paper on the Goulding SleepTalk™ for Children process as a 'Keynote' speaker in 1998 at the National Hypnotherapy Conference in California, USA. In 2004 Joane's engaging book: "SleepTalk™ A Gift of Love Through Positive Parenting" was published in Australia by Pennon Publishing. The book explains how to apply the Goulding SleepTalk™ process and shares Joane's philosophy: It's not what we leave to our children that matters, it's what we leave within their minds. This is a 2 minute gift that lasts a life time. The SleepTalk™ work book is also now available in 6 other languages. Joane is

currently a member of the Yarra Valley Partition's Project (YVPP) organization, teaching the Goulding SleepTalk for Children process on a pro-bono bases to the Black Saturday fire affected families.

From 1982 until 2001 Joane was Director of the Australian Academy of Hypnotic Science (AAHS). In 1998 she authored all documentation and course notes for the AAHS application to become a Private Provider of Education in Australia and a Government Accredited, Registered Training Organisation (RTO). The scope qualifications included a 2 year Diploma of Health: Clinical Hypnosis and a Certificate IV: Counselling and Conflict Resolution. Since 1974 Joane has been an educator specialising in the bio-psychosocial aspect of Stress and Mind Management with professional qualifications in Management, Dip of Training and Assessment Strategies, Clinical Hypnotherapy, Psycho-Nutrition and Education. She became an ASCH member in the early 80's, was a member of the Australian Traditional Medicine Society (ATMS), the Complimentary Medicine Association (CMA), the American Council of Hypnotist Examiners. (ACHE) and in 2010 joined the National Guild of Hypnotists. (NGH)

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